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PREOPERATIVE INSTRUCTIONS

1. Get a good night's sleep before your surgery.
2. Do not eat or drink anything, not even water, after midnight the night prior to your surgery unless otherwise directed by your doctor or nurse.
3. You must be accompanied by a responsible adult who needs to remain in the office for your entire treatment, be able to drive you home, and care for you following your surgery.
4. Wear loose, comfortable clothing with short sleeves. Eye makeup should be kept to a minimum, and false eyelashes or contact lenses should not be worn. Also, if you wear nail polish please remove the polish from one of the index fingers.
5. Good oral hygiene is essential for proper healing. Please follow your normal oral hygiene routine (brushing and flossing) the day of your surgery.
6. Please arrive 20 minutes prior to your scheduled surgery appointment time.
7. If you have questions, please feel free to call our office at (713) 464-2833.

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